

GP Specialty Training Programme

GPStR Self-Assessment Tool

ONCOLOGY & PALLIATIVE CARE

How to use this tool

To help you identify your learning needs in relation to the GP Curriculum we have attached a list of learning outcomes taken from section 12 in the form of a confidence rating scale. You will then be able to use it to help you identify areas that require development. Then using the specialty handbook you can consider how you may be able to address these learning needs and how they could be assessed. Please complete this before your initial meeting with your Clinical Supervisor. In this meeting you will then be able to complete an educational plan for the post.

Please note that it may not be possible to cover all of these learning objectives within this post. By repeating the self-assessment tool at the end of the post you will be able to identify areas that you still need to cover. By sharing this with your Educational Supervisor they will be able to help you with finding ways to cover these potential gaps as part of your overall GP Specialty Training Programme.

WHAT learning needs identified? (where rated as less confident)	HOW may this be addressed? Learning objective	How will you ASSESS your learning? e.g. CbD / Mini-CEX / DOP

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12 CARE OF PEOPLE WITH CANCER & PALLIATIVE CARE – LEARNING OUTCOMES

Please rate your confidence against the following statements taken from learning outcomes of the GP Curriculum	<div style="border: 1px solid black; padding: 5px; display: inline-block;"> Strongly disagree Disagree Agree Strongly Agree </div>			
Primary care management				
I know of the epidemiology of major cancers along with risk factors and unhealthy behaviours.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I know of the principles of palliative care and how it applies to non-cancer illnesses such as cardiovascular, neurological, respiratory and infectious diseases.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Person-centred care				
I have the ability to attend to the full range of physical, social and spiritual needs of the patient and carer(s).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have the ability to communicate effectively with the patient and carer(s) regarding difficult information about the disease, its treatment or its prognosis.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I know about how to provide and manage 24-hour continuity of care through various clinical systems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Specific problem-solving skills				
I know of the appropriate investigations of patients with cancer and of how they fit in with national guidelines.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have the ability to manage pain.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have knowledge about and skill in using a syringe driver: <ul style="list-style-type: none"> ➤ suitable drugs ➤ conversion of drugs from oral dosage to syringe drive, either, IV or subcutaneous 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please rate your confidence against the following statements taken from learning outcomes of the GP Curriculum	<div style="display: flex; justify-content: space-between; align-items: center;"> Strongly disagree Disagree Agree Strongly Agree </div>			
I have knowledge of various palliative care emergencies and their appropriate management: <ul style="list-style-type: none"> ➤ major haemorrhage 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<ul style="list-style-type: none"> ➤ hypercalcaemia 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<ul style="list-style-type: none"> ➤ superior vena caval obstruction 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<ul style="list-style-type: none"> ➤ spinal cord compression 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<ul style="list-style-type: none"> ➤ bone fractures 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<ul style="list-style-type: none"> ➤ anxiety/panic 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<ul style="list-style-type: none"> ➤ use of emergency drugs. 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

A comprehensive approach				
I have the ability to manage cancer and non-cancer symptomatology in the same patient.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
I have the ability to counsel and explain: <ul style="list-style-type: none"> ➤ risk of disease ➤ behaviour change ➤ treatment options ➤ symptom control. 	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

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Community orientation				
I have knowledge of the social benefits and services available to patients and carer(s).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I understand the current population trends in the prevalence of risk factors and cancer in the community.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I appreciate the importance of the social and psychological impact of cancer on the patient's family, friends, dependants and employers.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
A holistic approach				
I have the ability to offer spiritual care for the patient and carer(s).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have knowledge of normal and abnormal grieving, and its impact upon symptomatology.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Contextual aspects				
I understand the key health service policy documents that influence healthcare provision for cancer and palliative care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I recognise how geographical factors influence the prevalence and treatment of cancers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Attitudinal aspects				
I have knowledge of the ethical dimensions of treatment and investigation choices, palliative and terminal care, and advanced directives.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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I have knowledge of the ethical principles and how they apply to cancer care and control.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have knowledge of their own personal attitudes and experiences that can affect their attitude towards patients with cancer or who are dying.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Scientific aspects				
I have the ability to define and apply evidence-based care in patients with cancer.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have the ability to learn from the clinical experience.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I have knowledge of cancer treatment trials and how to inform patients about their participation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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