

Essential Knowledge Updates & Challenges

Now Available Essential Knowledge Challenge (EKC) 16 Two separate 25 item Challenges

The award-winning ECU Programme Team are delighted to announce the launch of **Essential Knowledge Challenge 16** which provides two separate 25-item Essential Knowledge Challenges.

Essential Knowledge Challenge 16 (1) With Instant Answers

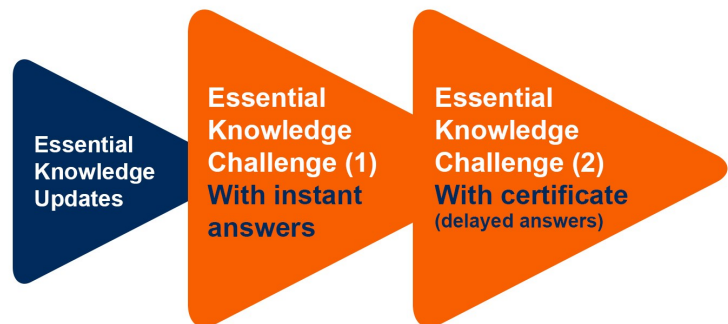
This Challenge provides instant access to the answers and justifications upon completion. However, while you will see your score on screen, a certificate of completion is **not** available.

Essential Knowledge Challenge 16 (2) With Certificate & Benchmarking

This Challenge provides the answers after a three month period (available from April 2016) along with benchmarking graphs, where users can compare their scores to other participating GPs, and a certificate of completion. The certificate will provide details of your score and attempt number for this Challenge only.

The questions within both Challenges are sourced from the major updates and briefings found within the current Essential Knowledge Update 16 including **overweight and obesity, somatoform disorders & MUPS, community and hospital acquired pneumonia, gastro-oesophageal reflux disease, personality disorder, IBS, multiple sclerosis, osteoporosis.**

Each Challenge contains a **different** set of 25 questions, balanced across the available modules.



Take the newly formatted Challenges today and test your knowledge!

To learn more about the ECU Programme or to take part in the latest Updates and Challenges please visit the [RCGP Online Learning Environment](#)

Access to the Essential Knowledge Update Programme

The Essential Knowledge Updates and Challenges are **FREE** to all RCGP members, Associates and AiTs as part of the College membership benefit package. Non RCGP members can purchase an annual Essential Knowledge Update Programme subscription for £149 alternatively you can purchase an individual Update for £75 or Challenge for £55. To subscribe to the ECU Programme or purchase an Update or Challenge, please follow register with the College [here](#).