

Bi-Annual Trainers Meeting 4th October 2017	
09.00	Arrival & Registration
09.30 – 10.30	<u>How to stay sane in an insane world</u> <i>Jeremy Thomas</i> www.jeremythomastalks.co.uk
10.30 – 11.00	COFFEE/TEA
11.00 – 12.30	<u>Resilience in the Workplace</u> <i>Dr Steve Bull</i> www.gameplancoach.com
12.30 – 13.00	<u>GP Health Service</u> <i>Dr Nigel Cowley</i>
13.00	END
13.15 – 14.15	OPTIONAL - ePortfolio update/ Q&A <i>run by Programme Directors</i>
13.15 – 14.15	Trainer Group Convenors only <i>Update/Q&A run by Clare Wedderburn</i>
13.15 – 14.15	Foundation Supervisors only <i>updates/ Q&A run by Zelda Cheng</i>