

Educator Development – Shame in Medicine

NEW for Wessex Educational Supervisors!

Shame is a highly prevalent and little discussed emotion in Medicine. It plays an important role in the formation of the medical identity being linked to personal and cultural values.

It is essential that educators understand the causes and responses to shame in their trainees, which can result in unprofessional behaviour, mental illness, and addiction.

In this 2-hour workshop we will explore the nature of shame in medicine and how individuals and organisations can minimise its effects on doctors' learning and wellbeing. We will also consider the effects of perfectionism, which in many cases is linked to a fear of shame.

Objectives:

- Understand the nature of the medical identity and its links to shame
- Understand causes and effects on trainees of shame in medicine
- Understand how educators can support development of resilience to shame in themselves and their trainees
- Understand how perfectionism is linked to shame

CPD hours:

2 CPD hours – suitable as contribution towards the eight hours face-to-face CPD training (required within every five years) to retain recognition as a Wessex Educational Supervisor.

Course Dates:

[26 November 2021 \(2-4pm\)](#)
[16 February 2022 \(9.30-11.30am\)](#)

For further information and to book, please visit
www.courses.hee.nhs.uk